

**Prevalence of Mental Health Problems in Kentucky**

**Region: 5 Commnicare, Inc.**

The prevalence of diagnosable mental disorders is just over 20% across all age groups for all disorders each year. This estimate is based on the combined prevalence of disorders seen throughout the population. In many cases disorders co-exist in individuals.

Primary Source: 1999 Mental Health Report of the Surgeon General with calculations based on 2000 Census.

\*\*Source: 1998 Kentucky Household Study, Univ. of Ky Research and Data Management Center

Population of Region, each county, and number affected per disorder

<b>Region</b>		<b>Breckinridç</b>	<b>Grayson</b>	<b>Hardin</b>	<b>Larue</b>	<b>Marion</b>	<b>Meade</b>	<b>Nelson</b>	<b>Washington</b>
<b>Prevalence By Disorder</b>	<b>244,202</b>	<b>18,648</b>	<b>25,053</b>	<b>94,174</b>	<b>13,373</b>	<b>18,212</b>	<b>26,349</b>	<b>37,477</b>	<b>10,916</b>
Any Anxiety Disorder	16.4% 40,049	3,058	4,109	15,445	2,193	2,987	4,321	6,146	1,790
Any Mood Disorder	7.1% 17,338	1,324	1,779	6,686	949	1,293	1,871	2,661	775
Major Depressive Episode	6.5% 15,873	1,212	1,628	6,121	869	1,184	1,713	2,436	710
Bipolar	1.7% 4,151	317	426	1,601	227	310	448	637	186
Schizophrenia	1.3% 3,175	242	326	1,224	174	237	343	487	142
Substance Abuse **Source	7.9% 19,292	1,473	1,979	7,440	1,056	1,439	2,082	2,961	862
Mental or Addictive Disorder	28% 68,377	5,221	7,015	26,369	3,744	5,099	7,378	10,494	3,056

**Older Adult + 55**

<b>Prevalence by Disorder</b>		<b>4,709</b>	<b>5,952</b>	<b>16,549</b>	<b>3,403</b>	<b>3,851</b>	<b>4,242</b>	<b>7,153</b>	<b>2,701</b>
<b>48,560</b>									
Any Anxiety Disorder	11.4% 5,536	537	679	1,887	388	439	484	815	308
Any Mood Disorder	4.4% 2,137	207	262	728	150	169	187	315	119
Major Depressive Episode	3.8% 1,845	179	226	629	129	146	161	272	103
Bipolar	0.3% 146	14	18	50	10	12	13	21	8
Alcohol Abuse/Depend men 65+	0.3% 146	14	18	50	10	12	13	21	8
Alch Abuse/Depend women 65+	1.2% 583	57	71	199	41	46	51	86	32
Schizophrenia	0.6% 291	28	36	99	20	23	25	43	16
Severe Cognitive Impairment	6.6% 3,205	311	393	1,092	225	254	280	472	178

**Child and Adolescent 0-17**

<b>Prevelance by Disorder</b>		<b>4,647</b>	<b>5,876</b>	<b>25,963</b>	<b>3,348</b>	<b>4,596</b>	<b>7,839</b>	<b>10,372</b>	<b>2,757</b>
<b>65,398</b>									
Anxiety Disorders	13% 8,502	604	764	3,375	435	597	1,019	1,348	358
Disruptive Disorders	10.3% 6,736	479	605	2,674	345	473	807	1,068	284
Mood Disorders	6.2% 4,055	288	364	1,610	208	285	486	643	171
ADHD (school age 5 - 17)	4% 2,616	186	235	1,039	134	184	314	415	110
Substance Use Disorders	2% 1,308	93	118	519	67	92	157	207	55
Mental or Addictive Disorder	21% 13,734	976	1,234	5,452	703	965	1,646	2,178	579