

Prevalence of Mental Health Problems in Kentucky

Region: 6 Seven Counties Services, Inc

The prevalence of diagnosable mental disorders is just over 20% across all age groups for all disorders each year. This estimate is based on the combined prevalence of disorders seen throughout the population. In many cases disorders co-exist in individuals.

Primary Source: 1999 Mental Health Report of the Surgeon General with calculations based on 2000 Census.

**Source: 1998 Kentucky Household Study, Univ. of Ky Research and Data Management Center

Population of Region, each county, and number affected per disorder

Region		Bullitt	Henry	Jefferson	Oldham	Shelby	Spencer	Trimble	
869,306		61,236	15,060	693,604	46,178	33,337	11,766	8,125	
Prevalence By Disorder									
Any Anxiety Disorder	16.4%	142,566	10,043	2,470	113,751	7,573	5,467	1,930	1,333
Any Mood Disorder	7.1%	61,721	4,348	1,069	49,246	3,279	2,367	835	577
Major Depressive Episode	6.5%	56,505	3,980	979	45,084	3,002	2,167	765	528
Bipolar	1.7%	14,778	1,041	256	11,791	785	567	200	138
Schizophrenia	1.3%	11,301	796	196	9,017	600	433	153	106
Substance Abuse **Source	7.9%	68,675	4,838	1,190	54,795	3,648	2,634	930	642
Mental or Addictive Disorder	28%	243,406	17,146	4,217	194,209	12,930	9,334	3,294	2,275

Older Adult + 55

Region		Bullitt	Henry	Jefferson	Oldham	Shelby	Spencer	Trimble	
186,298		10,503	3,395	154,492	7,278	6,736	2,222	1,672	
Prevalence by Disorder									
Any Anxiety Disorder	11.4%	21,238	1,197	387	17,612	830	768	253	191
Any Mood Disorder	4.4%	8,197	462	149	6,798	320	296	98	74
Major Depressive Episode	3.8%	7,079	399	129	5,871	277	256	84	64
Bipolar	0.3%	559	32	10	463	22	20	7	5
Alcohol Abuse/Depend men 65+	0.3%	559	32	10	463	22	20	7	5
Alch Abuse/Depend women 65+	1.2%	2,236	126	41	1,854	87	81	27	20
Schizophrenia	0.6%	1,118	63	20	927	44	40	13	10
Severe Cognitive Impairment	6.6%	12,296	693	224	10,196	480	445	147	110

Child and Adolescent 0-17

Region		Bullitt	Henry	Jefferson	Oldham	Shelby	Spencer	Trimble	
215,082		16,640	3,820	168,271	12,644	8,391	3,171	2,145	
Prevelance by Disorder									
Anxiety Disorders	13%	27,961	2,163	497	21,875	1,644	1,091	412	279
Disruptive Disorders	10.3%	22,153	1,714	393	17,332	1,302	864	327	221
Mood Disorders	6.2%	13,335	1,032	237	10,433	784	520	197	133
ADHD (school age 5 - 17)	4%	8,603	666	153	6,731	506	336	127	86
Substance Use Disorders	2%	4,302	333	76	3,365	253	168	63	43
Mental or Addictive Disorder	21%	45,167	3,494	802	35,337	2,655	1,762	666	450